



The Small Cruise  
Ship Collection

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## ULTIMATE NORWAY – ARCTIC EXPEDITION UNDER THE NORTHERN LIGHTS

On Expedition in an Arctic Winter Wonderland Setting out from Tromsø, we set out to explore four spectacular regions during the enchanting winter season aboard the perfect expedition vessel, MS Spitsbergen. As we spend an exciting week witnessing the glacial majesty of the Lyngen Alps, the dramatic beauty of the Lofoten Islands, the forested mountains of Vesterålen and the serenity of Senja, you'll see snow-frosted mountains, deep blue fjords, charming fishing villages and - with luck - the magical Northern Lights. Set a Course for Adventure with the True Norway Experts We've been sailing Norway's coast since 1896, and nobody knows it like we do. Using our expertise and with a flexible itinerary, we'll head out in our small expedition boats to the best and most beautiful islands and beaches. Here you'll enjoy activities such as snowshoeing, hiking and kayaking. What's more, three unique and bespoke adventures mean you'll experience a beach bonfire under the stars, a Nordic sauna and polar plunge, and an after-hours heritage dinner at a museum reserved exclusively for us.



### ITINERARY

DAY 1 Depart from Tromsø

Discover the gateway to the Arctic

Backed by snowy mountains, lively Tromsø is the perfect place from which to set out on an adventure. It was the base for many a historic Arctic expedition, including those of Roald Amundsen, and its situation 250 miles north of the Polar Circle has led to it being called the 'Gateway to the Arctic'.

If you arrive early in Tromsø we recommend exploring the city before joining your cruise. There's plenty to see, such as the Polar Museum, where you'll learn about the city's exploration heritage. And make sure to visit the striking Arctic Cathedral - with its huge stained-glass window.

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## DAY 2 Exploring Lyngen Fjord and Alps

Approaching the scenic Lyngen Alps via the Lyngenfjord

For the next seven days we'll be exploring four distinct regions, each with its own outstanding features and unique beauty. The first such region we're likely to visit is Lyngen.

The scenic Lyngen area is a landscape of jagged, snowy mountains, and a magnet for winter activities. The Lyngen Fjord is over a hundred miles long, and we'll spend the day going on a nature landing, with hikes, snowshoe walks and - if conditions allow - kayaking.

Later, it's time for a real treat. After our active day we'll gather on the beach and enjoy the warmth of a bonfire. With hot drinks in hand, Norwegian foods cooked by our onboard chefs, you'll really feel at one with nature. If we're lucky, perhaps the Northern Lights will put on a display for us.

Please note, this is an exploration week and the actual route taken may vary from the text above.

## DAY 3 Senja

Discover Norway in miniature

Senja is Norway's second-largest island, and it's sometimes called Norway-in-miniature. With its rugged mountains, sandy beaches, dark forests and idyllic fishing villages, you can see how it earned this name. Free-roaming reindeer wander around the island, so keep an eye out for them.

Here, we'll visit a local community and experience some warm Scandinavian hospitality. We'll learn about the Sami culture, and about life in remote villages during the winter months. Some of the time, we'll be sailing in the dark and at dusk - but this will only enhance our experience, with glittering snowscapes illuminated by the low sun and the starlight.

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## DAY 4 Towards Lofoten

Experience dramatic panoramas

As we sail towards the Lofoten Islands, the Expedition Team will seek out the best place for a nature landing, perhaps at one of the many fine beaches likely covered in pristine snow. We may head out in our small expedition boats to explore between remote islands or get out in the kayaks.

Approaching the dramatically steep mountains of Lofoten by ship is an experience that's unforgettable. You'll be in awe of the landscapes as we sail through this region of windswept islands, sheltered bays, and some of the most beautiful fjords in the world. Look out for Sea Eagles as you admire the exceptional beauty of this stretch of coastline.

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## DAY 5 Lofoten



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Get to know Lofoten in more detail

In winter, the Lofoten Islands transform into a snow-covered wonderland. Narrow fjords, hidden beached between towering mountains and picturesque fish villages are all ideal for a small ship like MS Spitsbergen. Embark on a fishing trip from Svolvaer, or relax in a traditional Nordic sauna before taking a thrilling polar plunge - sure to revitalise you!

You can get a taste of Svolvaer when our ship stays overnight here. It's a small town, but it's the biggest you'll find in these islands, and there are a few cosy restaurants and bars here if you fancy trying a Lofoten snack or brew.

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**DAY 6 Vesterålen**

Enjoy an exclusive adventure

Sailing from Svolvaer to Vesterålen, we cruise through the narrow Trollfjord into the Raftsund strait, passing between towering cliffs. As we do so, you'll enjoy great views from the deck, and we sail so close to the sides it feels like you can almost touch them!

Vesterålen awaits us with its beautiful snow-covered landscapes, ideal for expedition activities such as snowshoe hiking, small boat cruising and kayaking. It's here that we have another bespoke adventure when we spend an evening at the

Hurtigruten Museum, where you'll enjoy an exclusive opening and be served dinner in this very special heritage setting.

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**DAY 7 Towards Tromsø**

Experience a final day on expedition

We'll stay sheltered in the deep fjords as we make our way back towards Tromsø - at each turn there will be a new island or mountain. Along the way we have plenty of time to scout out landing sites in our small expedition boats, and to go on nature walks and take part in other activities.

The scenery continues to be stunning as we pass through these inner waters, with the winter sun illuminating the landscapes and mountains - and it's also the area where we're most likely to see whales. While on board, enjoy the Arctic scenery from the ship, warm up in the sauna or join the Expedition Team to watch talks and see demos in the Science Centre.

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**DAY 8 Return to Tromsø**

Another opportunity to explore Tromsø

Your expedition cruise ends back in Tromsø. If you didn't have an opportunity to explore this beautiful town before the cruise, make sure you do now. There's so much to see and do here.



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We're sure that you will have enjoyed your winter expedition in Arctic Norway.

Please note:

Itineraries are subject to change.



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## YOUR SHIP: SPITSBERGEN

**YOUR SHIP:**

**Spitsbergen**

**Expedition Passenger Capacity:**

**335**

**Built / refurbished: 2009 /**

**2016**

**VESSEL TYPE:**

**LENGTH:**

**PASSENGER CAPACITY:**

**BUILT/REFURBISHED:**

introduce you to the uniquely Norwegian notion of 'friluftsliv' (outdoor life), and encourage you take part in 'friluftsliv' hikes and activities during the journey. Ship Facilities Compass Service Centre Brygga bistro Shop Torget main dining Wi-Fi Lift Guest launderette Panoramic deck 8 Outside bar for events,

decks 7 & 8

Completely rebuilt in 2016, the 100 metre MS Spitsbergen features high technical standards as well as comfortable, modern public areas and cabins. The vessel's fresh Scandinavian design reflects a colour palette derived from the sea. She is modern and environmentally progressive, and further improvements that will reduce emissions and fuel consumption even more are in process. The new ship's maneuverability and optimal size make her quite suitable for exploring polar waters of both the Arctic and Antarctica. Spitsbergen has a wide range of facilities including a sauna, fitness centre and hot tub, several bars and restaurants and a panoramic lounge. MS Spitsbergen has an on-board Expedition Team and serves as a university at sea. Interesting lectures inside the ship as well as out on the sun deck make this an exciting and educational journey. Topics depend on the season and the waters we sail in. The Expedition Team host a lecture programme and evening gatherings daily. Out on deck you can participate in live points of interest to learn more about the nature, culture and other phenomena we encounter along the coast. In addition, the Expedition Team will



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## INSIDE YOUR SHIP

Arctic Superior. From      Expedition Suite. From

Polar Inside. From      Polar Outside. From



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## PRICING

### 07-Feb-2026 to 14-Feb-2026

Arctic Superior. From	£4820 GBP pp
Polar Inside. From	£4338 GBP pp
Polar Outside. From	£3707 GBP pp
Expedition Suite. From	£6303 GBP pp

### 14-Feb-2026 to 21-Feb-2026

Polar Inside. From	£3786 GBP pp
Arctic Superior. From	£4923 GBP pp
Polar Outside. From	£4430 GBP pp
Expedition Suite. From	£6437 GBP pp

### 21-Feb-2026 to 28-Feb-2026

Polar Inside. From	£3944 GBP pp
Arctic Superior. From	£5128 GBP pp
Polar Outside. From	£4615 GBP pp
Expedition Suite. From	£6705 GBP pp

### 28-Feb-2026 to 07-Mar-2026

Expedition Suite. From	£6705 GBP pp
Polar Inside. From	£3944 GBP pp
Arctic Superior. From	£5128 GBP pp
Polar Outside. From	£4615 GBP pp

### 07-Mar-2026 to 14-Mar-2026

Expedition Suite. From	£6705 GBP pp
Arctic Superior. From	£5128 GBP pp
Polar Inside. From	£3944 GBP pp
Polar Outside. From	£4615 GBP pp

### 14-Mar-2026 to 21-Mar-2026

Expedition Suite. From	£6437 GBP pp
Polar Inside. From	£3786 GBP pp
Arctic Superior. From	£4923 GBP pp
Polar Outside. From	£4430 GBP pp

### 21-Mar-2026 to 28-Mar-2026

Expedition Suite. From	£6437 GBP pp
Arctic Superior. From	£4923 GBP pp
Polar Outside. From	£4430 GBP pp
Polar Inside. From	£3786 GBP pp

### 28-Nov-2026 to 05-Dec-2026

Polar Outside. From	£4235 GBP pp
Polar Inside. From	£3619 GBP pp
Arctic Superior. From	£4705 GBP pp
Expedition Suite. From	£6149 GBP pp

### 05-Dec-2026 to 12-Dec-2026

Expedition Suite. From	£6149 GBP pp
Arctic Superior. From	£4705 GBP pp
Polar Inside. From	£3619 GBP pp
Polar Outside. From	£4235 GBP pp



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### 12-Dec-2026 to 19-Dec-2026

Arctic Superior. From	£4815 GBP pp
Polar Outside. From	£4335 GBP pp
Polar Inside. From	£3705 GBP pp
Expedition Suite. From	£6295 GBP pp

### 19-Dec-2026 to 26-Dec-2026

Arctic Superior. From	£5799 GBP pp
Expedition Suite. From	£7585 GBP pp
Polar Inside. From	£4459 GBP pp
Polar Outside. From	£5219 GBP pp

### 26-Dec-2026 to 02-Jan-2027

Polar Outside. From	£4825 GBP pp
Expedition Suite. From	£7009 GBP pp
Polar Inside. From	£4125 GBP pp
Arctic Superior. From	£5359 GBP pp

### 02-Jan-2027 to 09-Jan-2027

Expedition Suite. From	£6725 GBP pp
Polar Outside. From	£4629 GBP pp
Polar Inside. From	£3955 GBP pp
Arctic Superior. From	£5145 GBP pp

### 09-Jan-2027 to 16-Jan-2027

Expedition Suite. From	£6725 GBP pp
Polar Outside. From	£4629 GBP pp
Polar Inside. From	£3955 GBP pp
Arctic Superior. From	£5145 GBP pp

### 16-Jan-2027 to 23-Jan-2027

Arctic Superior. From	£5359 GBP pp
Polar Outside. From	£4825 GBP pp
Expedition Suite. From	£7009 GBP pp
Polar Inside. From	£4125 GBP pp

### 23-Jan-2027 to 30-Jan-2027

Arctic Superior. From	£5359 GBP pp
Polar Inside. From	£4125 GBP pp
Polar Outside. From	£4825 GBP pp
Expedition Suite. From	£7009 GBP pp

### 30-Jan-2027 to 06-Feb-2027

Polar Inside. From	£4209 GBP pp
Polar Outside. From	£4925 GBP pp
Expedition Suite. From	£7155 GBP pp
Arctic Superior. From	£5469 GBP pp

### 06-Feb-2027 to 13-Feb-2027

Polar Inside. From	£4209 GBP pp
Polar Outside. From	£4925 GBP pp
Arctic Superior. From	£5469 GBP pp
Expedition Suite. From	£7155 GBP pp



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### 13-Feb-2027 to 20-Feb-2027

Polar Inside. From	£4295 GBP pp
Arctic Superior. From	£5579 GBP pp
Polar Outside. From	£5025 GBP pp
Expedition Suite. From	£7295 GBP pp

Arctic Superior. From	£5799 GBP pp
Polar Inside. From	£4459 GBP pp
Expedition Suite. From	£7585 GBP pp
Polar Outside. From	£5219 GBP pp

### 20-Feb-2027 to 27-Feb-2027

Arctic Superior. From	£5689 GBP pp
Polar Inside. From	£4375 GBP pp
Expedition Suite. From	£7439 GBP pp
Polar Outside. From	£5119 GBP pp

### 20-Mar-2027 to 27-Mar-2027

Polar Outside. From	£5119 GBP pp
Expedition Suite. From	£7439 GBP pp
Polar Inside. From	£4375 GBP pp
Arctic Superior. From	£5689 GBP pp

### 27-Feb-2027 to 06-Mar-2027

Expedition Suite. From	£7585 GBP pp
Polar Inside. From	£4459 GBP pp
Polar Outside. From	£5219 GBP pp
Arctic Superior. From	£5799 GBP pp

### 06-Mar-2027 to 13-Mar-2027

Expedition Suite. From	£7585 GBP pp
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Polar Inside. From	£4459 GBP pp

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Expedition Suite. From	£7585 GBP pp
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Polar Inside. From	£4459 GBP pp